

Children and War Foundation

Registered in Bergen, Norway

Business Register Number 882 577 252

Annual Report and Financial Statements 2018

Improving children's lives after wars and disasters

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Reference and administrative information

The Children and War Foundation is incorporated in Bergen, Norway, and registered in Norway by Stiftelsestilsynet (The Foundation Authority) and Brønnøysundsregisteret (The Brønnøysund Registry).

The Foundation is also recognised in the UK by HMRC to receive Gift Aid on donations from UK taxpayers.

Registered office: Children and War Foundation
c/o Kluge Law Firm AS
P.O. Box 394 Sentrum
5805 Bergen, Norway

Board of Directors: Harald S. Kobbe (Chair)
Unni Heltne
Maria M. Callias
Hege Solbakken
Jacob Grieg Eide

Auditors: Ernst & Young AS

Bankers: DNB

Company Number: NO registration - 882577252
UK registration - HMRC Ref No: NO2

The Board of Directors of the Children and War Foundation hereby submit their Report and Financial statements of Children and War Foundation for the year ended 31 December 2018:

REPORT FROM THE BOARD OF DIRECTORS

1. THE PURPOSE OF THE FOUNDATION

The Children and War Foundation aids and supports children who are affected by war, warlike situations and disasters as well as their families by providing knowledge- and evidence-based interventions.

The Foundation focuses on the following activities:

- promote and support research concerning the short- and long-term effects of war, warlike situations and disasters on children and their families
- develop evidence-based interventions, i.a to prepare, compile and maintain manuals that may be used to help the children and their families, and implement such evidence-based interventions.

The Foundation works to obtain and collect grants, contributions and other kinds of financial support for its activities.

The Foundation make results of the research available to the public to increase the general and international understanding of the effects of war, warlike situations and disasters on children and their families.

The Foundation maintains the manuals and material developed and makes them available to the public. It furthermore administers training in the use and implementation of the manuals on at a cost only basis, but may ask for reasonable fees and request donations to be able to maintain the manuals and materials and develop new ones relevant to the purpose of the Foundation.

The Foundation strives to minimize its own costs, and to ensure that the grants and contributions received shall be allocated to the activities mentioned above.

2. GOVERNANCE AND MANAGEMENT

The bodies of the Children and War Foundations, according to its By Laws adopted in January 2017, are:

- The Board of Directors
- The Board of Research and Implementation
- The Board of Overseers

Board of Directors

The members of the Board of Directors who served from 1 January 2018 to the date of this report were:

- Harald S. Kobbe (Chair. First elected January 2017)
- Unni Heltne (Member. First elected January 2017)
- Maria M Callias (Member. First elected May 2017)
- Hege Solbakken (Member. First elected May 2017)
- Jacob Grieg Eide (Member. First elected February 2018)

The members of the Board of Directors are elected for a period for 2 years. To secure continuity, the terms of Kobbe and Heltne were considered to expire in 2018, while Callias, Solbakken and Grieg Eide terms expire in 2019. Kobbe and Heltne were re-elected for a further 2 years term in a meeting in June 2018.

The Board of Directors has held four meetings in 2018:

- 13 February (extraordinary meeting regarding the web)
- 3 May Bergen/London via video
- 12 June in London
- 16 October in Bergen/London via video.

The Board of Directors are i.a responsible for:

- The election of new members of the Board
- Preparation and approval of a yearly budget to be decided in the fall of each year for the coming year, including planning of fundraising activities
- Preparation and approval of the annual accounts to be finalized before 1 July each year
- Preparation and approval of the yearly report to the Board of Overseers
- Strategic and important decisions to the Foundation. These include, but are not limited to
 - establishing and keeping of paid administrative assistance,
 - operations and activities outside Norway, including to what extent they may be organized as separate legal entities subject to local law, cf. Article 1, second paragraph.
 - plans and overall strategy for fundraising
- The overall relationship between the Foundation and groups of supporters
- Ensuring that the Foundation is based on and follow principles for good governance

Board of Research and Implementation

The members of the Board of Research and Implementation who served from 1 January 2017 to the date of this report were:

- Unni M. Heltne (Chair. Elected January 2017)
- Atle Dyregrov (Elected January 2017)
- William Yule (Elected January 2017)
- Patrick Smith (Elected January 2017)
- Ragnhild Dybdahl (Elected January 2017)
- Richard Meiser-Stedman (Elected January 2017)
- Masa Al-kurdi (Elected January 2017)
- Tori Snell (Elected January 2017)

According to the By-Laws, Article 9, second paragraph, Unni M. Heltne served as both Chair of the Board of Research and Implementation and member of the Board of Directors.

The Board of Research and Implementation held three meetings in 2018, on 12 March, 18 June and 7 and 8 December

The Board of Research and Implementation shall i.a:

- Assess relevant research projects concerning the short- and long-term effects of war, war-like situations and disasters on children and their families
- Advise the Board of Directors as to which projects should be supported by the Foundation
- Advise the Board of Directors as to which sums should be set aside for each project
- Advise the Board of Directors regarding collaboration with other partners
- Assist the Board of Directors in seeking funding for projects
- Follow up and review research projects on behalf of the Foundation
- Prepare, compile and maintain evidence-based material, i.a manuals, that may be used to help the children and their families exposed to war, war-like situations and disasters
- On behalf of the Foundation ensure the implementation of such material
- Advise the Board of Directors as to which sums should be allocated to finance the activities of the Board of Research and Implementation in the yearly budgets and report to the Board of Directors of its activities by 1 May each year.

The Board of Overseers

The Board of Overseers shall i.a assist and support the Board of Directors in its management of the Foundation.

The Board of Overseers shall consider the annual report of the Board of Directors and the summarised financial account.

Whenever there is conflict of interest regarding grants, contributions or allocation of economic resources for any one member of the Board of Directors or the Board of Research and Implementation, the person concerned should withdraw from the decision making. If necessary, the Board of Directors may ask the Board of Overseers to appoint one of its own members to take part in this decision of the Board of Directors as a substitute member.

The members of the Board of Overseers who served from 1 January 2017 to the date of this report were:

- Cole Dodge
- Florence Baingana
- Maia Gedevanishvili
- Nigel Fisher
- Richard Bryant
- Rosalie Kwong
- Stephen Regel
- Tom Ollendick
- Youssouf Oomar

- Emily Holmes
- Joop de Jong
- Lisbet Palme (passed away in October 2018)

3. MAIN ACTIVITIES OF THE BOARD OF DIRECTORS

The Foundation, which was established in 2000, was restructured in 2017.

Formerly one Board of Directors was responsible for all activities of the Foundation. Through the years this proved to be ineffective and unsatisfactory. New By-Laws were adopted and approved in 2017. These established the two new Boards: The Board of Directors and the Board of Research and Implementation. The purpose was to have one board focusing on general issues, and another board focusing on preparing and maintaining the evidence-based material, i.e. manuals, that may be used to help children and their families and training in their use, as well as research projects and other similar activities. The Board of Research and Implementation is the one responsible for the activities that are essential and unique for the Foundation, and the Board of Directors shall attend to the legal obligations of the Foundation and secure a basis for the work and activities of the Board of Research and Implementation.

The priorities of the Board of Directors in 2018 have been as follows:

- A primary focus has been the development of a new Web-page.
- A secondary focus was to establish a full CAW Board of Directors by appointing a new member.
- A third focus of the BoD has been to establish a budget for 2019.
- The fourth focus of the Board of Directors is the finances and improving the funding of CAW.
- The fifth focus has been to establish and implement a GDPR-policy. This is reflected in full later in this report.

It has also taken some effort by the Board in 2018 to consolidate the new structure, and to make the two Boards work effectively within their spheres of responsibilities. However, considerable progress is made, and that the purpose of the reorganization has been accepted and to a considerable degree already achieved. The Board of Directors especially considers it to be important that the Board of Research and Implementation can focus on the matters and issues it is responsible for.

The Board of Directors now has 5 members. The workload is somewhat higher than expected, which may lead to an increase of the membership with one new member. This will be within the By-Laws and considered during 2019. The age distribution is also acceptable, with two members in their 40ies.

The Board has worked extensively to establish the new Web. In this regard, Jacob Grieg Eide's contribution has been, and still is, of the utmost importance. As a professional in the field he has steered the process through his involvement and hard work. The graphic profile was ready in June 2018 and the templates in August. We had hoped to have the new Web launched in 2018 but had obviously underestimated the scope and complexity of the work. Two sessions were held during 2018/early 2019 where members of the Board contributed to and worked on the content of the web page.

At present the new web page is unfortunately still not yet launched, but the result of the joint efforts seems very promising indeed and we are anticipating launching before the end of 2019.

Once launched, the new web page will be much easier to supplement, change and follow up, and thus be much more dynamic than the present one.

Furthermore, once the Web is launched and established, the Board of Directors will move on and start working on an easier and more accessible communications platform for the Foundation.

Funding and finances are a continuous challenge for a foundation as the CAW, and the Board of Directors will revert to the finances and funding of the Children and War Foundation under the financial statements below.

All in all, however, the Board of Directors is pleased to state that in our view, the activities of the Children and War Foundation has never been as extensive and well organized as in 2018.

4. MAIN ACTIVITIES OF THE BOARD OF RESEARCH AND IMPLEMENTATION

Training of trainers

In 2018, members of BRI has been responsible for the following trainings outside the UK:

- TrT training for 25 health professionals in Bergen county, Norway
- TrT Training; Kampala, Uganda for 25 psychologists, social workers and teachers
- Trt Training in Khartoum, Sudan for 24 psychologists counsellors, and psychosocial officers in local NGOs
- TrT training: Rio de Janeiro, Brasil, for 12 participants, mainly social workers in the favela Complexo de Mare in Rio de Janeiro
- Online TRT trainings in North Iraq and Syria, Turkey

TRT training for about 25 psychologists within the Hong Kong Hospital Authority, Hong Kong

Also see training events by the UK Support Group as listed later in this document.

Projects:

BRI has focused on the following projects in 2018:

- *Systemizing pre- and post-data from trainings in North-Iraq and Syria to evaluate the effect of TRT for children in these areas.*
The project of systemizing pre-and post-data from Syria, was funded by a donation from the Ken & Lo Foundation and had the following aim:
 - (1) To get an overview of the data collected pre and post training for the Teaching Recovery Techniques (TRT) program implemented with Syrian children who have experienced the war and resultant refugee situation.

- (2) To cleanse and make the data available in a report to the Board of Research and Implementation and to evaluate if the data could be published in a scientific journal.

The report was made available for the BRI in 2018, and was summarized as follows:

Children that engaged in the TRT had been subjected to the violent war that has been going on for over 7 years now. Most children have lived through bombings, shelling, home invasions / destructions and have fled their homes and lost family and friends along the way. A total of 1 595 Syrian children participated in the TRT in groups of 15-20 children, completing 5 TRT sessions and parents/guardians were provided with two sessions. Children were screened for trauma using CRIES-8 and for depression before and after the TRT to know the effect of the TRT on children.

The current evaluation report describes and explains the pre and post survey assessment to evaluate the outcomes of the TRT by reporting: 1. Children's trauma experiences; 2. Levels of trauma (PTSD) before and after the TRT; and 3. Levels of depression before and after the TRT.

The findings showed that children have experienced multiple traumatic experiences during the Syrian war. Most of the children in the current evaluation screened positive for trauma before participating in the TRT, and after completing 5 TRT sessions the post survey CRIES-8 scores became significantly lower and below the cut-off point. Overall levels of depression were mostly below the cut-off point at pre and post TRT, and scores were further reduced after completing the TRT. Members of The BRI are currently working on the report to make it possible to publish in a peer reviewed journal in the course of 2019.

- *Developing internet training materials to areas difficult to reach because of safety reasons.*

This project was financed by an earmarked donation from the organization Damask Rose supporting the development of online material to be used for TRT trainings inside Syria. The preparation of the project started in 2018 and will be carried through in the spring of 2019.

- *Literature review and developing project descriptions for project to investigate the frequency of refugees' anxiety for water due to flight over water.*

This project has been carried out in cooperation with the Centre for Crisis Psychology at the University of Bergen and carried out by a psychology student fellow at the University. One conclusion from the project is that scientific documentation of refugees' fear of water and possible consequences of this lacks scientific documentation, and further research is needed. The project, which will result in a project plan for research on the area, will be finalized in the spring 2019.

- *Literature review and developing project descriptions for project to investigate the frequency of refugees' experiences of olfactory intrusions.*

The project is being undertaken with a research assistant at the Institute of Psychology, Psychiatry and Neuroscience, King's College London. Having established the dearth of

relevant literature, analysis of the frequency of olfactory memories recorded in some existing data sets is underway. This will lead to a proposal for more studies that should improve the intervention to help with distress caused by olfactory triggers.

- *The relation between mental health and education in emergencies.*

This project is a cooperation between CAW and PLAN International, Norway. The project focuses on the interplay between trauma reactions in children, trauma interventions and children's capacity to learn and participate in education. The project was partly a request project from PLAN and gave the following output:

(1) A Literature/ desk study focusing on:

- How do emergencies/emergency contexts affect children's education, in particularly their learning in LMICs?
- How does schooling mitigate the effects of emergencies?
- What works when it comes to psychosocial support, in particular in terms of supporting children's education?
- What tools, methodology, skills and support are/can be used?
- To what degree do education and child protection legal and regulatory frameworks ensure safe quality education for adolescents?
- To what degree teachers have increased capacity in providing psychosocial support

(2) A case study from Sudan, focusing on:

- What are the needs and experiences of psychosocial factors and emergency education in the context of the Sudan?
- To what extent are psychosocial factors and support integrated in education in an emergency/post-emergency setting?
- What is the role of teachers in psychosocial support in an education context?
- What tools, methodology, skills and support are/can be used?
- Qualitative and quantitative data
- Interviews with stakeholders

(3) Empirical example from Iraq (pre/post) focusing on the following:

- Documentation (quantitative data) of TRT with children (N = 1170; age 8-18 years) in North Iraq in cooperation with SOS children villages.
- Training in a psychosocial support intervention (TRT)
- Documenting war stressor exposure The Exposure to War Stressors Questionnaire (EWSQ: Smith et al., 2002)
- Documenting changes in the children who receive the support using a standardised self-report instrument before and after intervention (Children's Revised Impact of Event Scale (CRIES-8, Dyregrov & Yule, 1995)

- *Developing templates and routines to decide which projects to support and which organizations to engage with.*

Templates and routines for this have been developed by BRI and will be finalized and implemented in 2019 and published on the CAW website.

Other events:

On the 18th of October, Unni Heltne presented the Work of Children and War Foundation at a workshop at the 30 years anniversary conference for Center for Crisis Psychology in Bergen, Norway. The conference was arranged by the University of Bergen, and both the conference and the workshop

In November, Ragnhild Dybdahl and Unni Heltne presented the result of the PLAN case study (see above) at a Norwegian Conference focusing on global mental health, arranged by the Network for Global Mental Health in Norway.

BRI also issued a press statement on the situation of unaccompanied refugee minors in Norway with the title: Unaccompanied minors—can we live with our conscience?

5. CAW-UK SUPPORTERS COMMITTEE

In 2018 the CAW-UK committee has continued to focus on training and fundraising.

The CAW-UK committee has held 6 meetings in 2018:

12 January, 23 March, 25 May, 6 July, 11 September and 2 November as well as a joint meeting with the Board of Directors in London on 11 June. Additional working meetings attended by relevant people were held to plan and run specific training and fundraising events.

CAW-UK supporters committee members continue to be:

Bill Yule (UK Treasurer), Patrick Smith, Laura Timms, Helen Likierman, Julian Hale, Kim Ehntholt, Tori Snell, David Trickey, Richard Meiser-Stedman and Maria Callias.

Maria Callias continues to chair the committee and to be on the Board of Directors. Bill Yule continues to be UK Treasurer, and Laura Timms is the UK committee Secretary and coordinates training. Helen Likierman and Julian Hale are editors of the Newsletter, and informally lead on fundraising.

Fundraising

Helen Likierman and Julian Hale held two fundraising events in their home. The first was a talk and film by filmmaker Sheila Hayman on Felix Mendelsohn, her relative, followed by a delicious dinner. The second was a talk by artist and art historian Lydia Bowman entitled Stranger at the door, again followed by a delicious dinner. Both events were fully booked, most enjoyable, a huge success and raised awareness and interest in the work of CAW. In addition to the money raised by the event, these events led to generous additional donations to CAW.

CAW in 2018 also received generous donations directly and through our JustGiving page. We warmly thank all our fundraisers and donors for their generous contributions of time and effort as well as the funds raised.

See financial statement for details of income and expenditure.

Training

The following advertised training and requested training events were held in 2018 in UK:

- In April, Laura Timms, Maria Callias and Mary Spence ran a 2-day TRT training. It was fully booked and attended by people from the UK and European countries.
- In November, Bill Yule and Kim Ehntholt ran a 2-day training on the new Grief Manual for a few people who had already been trained in TRT. Although the training was successful, it seemed that there was limited interest in a 3-day training event and in specific training to help children and young people manage traumatic grief.
- In May, Bill Yule and Mary Spence trained staff on the Grenfell Wellbeing Group for Children in TRT to meet the needs of children traumatized by the Grenfell Fire in London.
- In November, Bill Yule and Maria Callias did 2 afternoon teaching sessions for Mid-Kent College staff working with young refugees, many of them unaccompanied minors, to enable them to identify and help those with PTSD through their counselling services.

We thank all the trainers for their hard work. All these trainings were very well received and many of the delegates from these courses, and those run in the past, have gone on to train others in their own countries and services.

Newsletter

Helen Likierman and Julian Hale produced 2 interesting and highly informative newsletters this year. It is gratifying to read about the achievements of people trained by CAW who have used the training to train others and also work directly with children and young people in need in many parts of the world.

Other events

Bill Yule, Patrick Smith and others in the UK have participated in conferences, teaching and other events relevant to the work of CAW though not necessarily directly representing CAW.

Following a presentation at the Royal Society of Medicine, Bill Yule was interviewed by Claudia Hammond for the All in the Mind radio program.

Bill Yule chaired the British Psychological Society working party that produced a publication on the psychological needs of refugees in January 2018.

Bill Yule and Patrick Smith advised a local group on the issues about welcoming refugees.

In the fall of 2018 the bank used by the Foundation, Den norske Bank, informed the Foundation that it would not be able to maintain the account held by the UK Supporters Committee in London. The Foundation has obtained an extension of the time limit for the existing account, and the UK Supporters Committee and the Board of Directors is currently working together to find a suitable solution including a new account held in a UK bank.

6. GDPR-STATEMENT

On 20 July, EU's General Data Protection Regulation (the GDPR) and the new Personal Data Act came into force in Norway. Children and War Foundation (CAW) has taken the necessary steps to ensure the privacy of the personal data that we process. The Foundation's Privacy Notice gives information about how we process

and protect personal data about you as well as your privacy rights. It will all be published on the new web page.

7. FINANCIAL STATEMENT

7.1 Introduction

The accounts of the Foundation have been kept by Svanhild Gjesdal of Kluge Law Firm AS and been audited by Ernst & Young AS. Their independent report is enclosed.

The accounts are kept in accordance with Norwegian laws and regulatory statements.

It is the opinion of the Board of Directors that they represent a true and fair view of the state of the economic affairs of the Foundation as of the balance sheet date and of its income and expenses. All judgements made, and estimates are reasonable and prudent.

The Board of Directors is of the opinion that the Children and War Foundation is not facing any relevant financial risks. The Foundation is not committed beyond its funds. However, it is, as mentioned above, a primary concern for the Board of Directors to secure and expand further funding to finance the increased activities.

The funds are placed in Den norske Bank ASA with sufficient government bank guarantees.

7.2 Annual accounts of 2018

OPERATING INCOME	2018	2017
Donations from private individuals	0	1 500
Award from Plan Norge	500 000	0
Award from Norwegian companies	106 540	105 368
Income from trainings (UK)	63 043	0
Award from Just Giving (private and companies UK)	188 583	110 456
Advance payment from Plan Norge	500 000	
Accrual advances/unused funds	-549 483	0
Total income	808 683	217 324
OPERATING EXPENSES		
Projects/trainings	536 249	37 463
Support other projects	0	108 195
Fast Name (annual fee domain name)	1 469	2 381
Lotteri- og stiftelsestilsynet - annual fee	1 540	1 540
Travel expenses board meetings	42 333	38 986
Expenses Board of Research & Impl	55 511	34 445
Expenses various meetings	6 946	3 758
Tripletex - annual fee	2 385	2 385
Audit fee	23 960	25 881
Webside	44 330	0
UD projects, fees/expenses	0	772
Monthly charge Just Giving: GBP 126	2 544	2 120
Expenses Kluge	263	250

Bank charges/annual fees	6 124	5 060
Total operating expenses	723 654	263 237
OPERATING RESULT	85 029	-45 913
FINANCIAL INCOME AND EXPENSES		
Interest income	220	557
Profit on exchange (agio)	21 077	481
Loss on exchange (disagio)	-181	-311
FINANCIAL RESULT	106 145	-45 186
Transfers:		
Transfer other reserves	106 145	-45 186
ASSETS		
Bank deposits	265 758	673 435
GBP deposit	532 010	468 704
Accounts receivable	500 000	0
Current assets	1 297 768	1 142 139
TOTAL ASSETS	1 297 768	1 142 139
EQUITY		
Deposited equity		
Original capital	50 000	50 000
Total invested equity	50 000	50 000
Retained earnings		
Other equity	698 285	592 139
Total invested equity	698 285	592 139
Total equity	748 285	642 139
Advance payment (unused per 31.12/advance payment from Plan Norge)	549 483	0
Advance payment from Plan Norge	0	500 000
Total liabilities	549 483	500 000
TOTAL LIABILITIES AND EQUITY	1 297 768	1 142 139

7.3 Auditors report enclosed

Ernst & Young were appointed by the Board at the start of the year. Their independent report is enclosed to this Report and Financial Statement.

7.4 Comments to the annual accounts

Parts of the income has been restricted as outlined in the Financial Statement for 2017. The funds from Plan Norge, of a total amount of NOK 1 000 000, has now been fully paid. As NOK 49 483 of the first NOK 500 000 was not spent as per 31 December 2018, and as the foundation did receive a advance payment of the last NOK 500 000, there is a debit on the income for 2018 of NOK 549 483.

7.5 Comments to the balance sheet

The balance of the Foundation has still improved through 2018, but the Board of Directors is still not satisfied with the situation. We must take into consideration that we shall have considerable expenses in 2019 finalizing the new web page, and that we shall not have funding from Plan Norge this year.

Thus, it is a challenge for the Board to focus on future.

All funds have been deposited in Den Norske Bank (DNB), and are protected by a Norwegian state guarantee for bank deposits.

Bergen 18 June 2019


Harald S. Kobbé


Unni M. Heltne


Maria Callias


Høge Solbakken


Jacob Grieg Eide