

**Children and War Foundation**  
Registered in Bergen, Norway

**Business Register Number 882 577 252**

**Annual Report 2022**

*Improving children's lives after wars and disasters*

## REFERENCE AND ADMINISTRATIVE INFORMATION

The Children and War Foundation (CAWF) is incorporated in Bergen, Norway, and registered in Norway by Stiftelsestilsynet (The Foundation Authority) and Brønnøysundsregisteret (The Brønnøysund Registry).

This annual report (NO: "årsmelding") consists of an extract of the annual reports both from the Board of Directors (BoD) and Board of Research and Implementation (BRI), with additional information about the purpose and organisation of the Foundation, and a summary of the activities the foundation has executed or been involved in.

The Norwegian formal annual reports ("styrets årsberetning") and accounts for 2022 are attached.

## THE PURPOSE OF THE FOUNDATION

CAWF aims to promote international research into the short- and long-term effects that war, war-like situations and disasters have on children and their families. The foundation works to obtain and collect grants from various financial sources, and then allocate these to specific research projects.

CAWF develop evidence-based interventions, i.e., to prepare, compile and maintain manuals that may be used to help the children and their families, and implement such evidence-based interventions.

CAWF make results of the research available to the public to increase the general and international understanding of the effects of war, warlike situations and disasters on children and their families.

CAWF maintains the manuals and material developed and makes them available to the public. It furthermore administers training in the use and implementation of the manuals on at a cost only basis, but may ask for reasonable fees and request donations to be able to maintain the manuals and materials and develop new ones relevant to the purpose of the Foundation.

CAWF strives to minimize its own costs, and to ensure that the grants and contributions received shall be allocated to the activities mentioned above. However, The Foundation has come to realize that this strategy is partly a hindrance for reaching the desired level of activity and fulfilling its goals, as the lack of funding of overhead costs prevents the Foundation from financing an absolute necessary level of admin support. Admin support is crucial for securing compliance, allowing BRI and all trainers to focus on the main activity, and for building up a sustainable organisation.

**In a strategy report provided by Prospera<sup>1</sup> in 2022 after analysing CAWF, it is noted that:**

*"It is known that most non-profit and charity organisations aim to minimise their overhead spending, to make the case towards donors and stakeholders that funds are primarily directed unabridged to the cause. However, evidence shows that the most successful and resilient organisations are those willing and prepared to spend overheads as an investment to build and maintain a robust organisation with good fundraising processes. Thus, in its approach*

---

<sup>1</sup> <https://prosperastiftelsen.no/om-prospera/>. The report was delivered on a pro bono basis.

*towards potential funders, CAW should stress the importance of overhead spending as a necessary means to strengthen the organisation and increase its impact and reach.”*

## **THE BOARD OF DIRECTORS**

### **Members and meetings**

In 2022, the foundation's Board consisted of the following members:

Inger Hygen (Chair)  
Ragnhild Dybdahl  
Unni Heltne  
Hege Solbakken (January- March)  
Jacob Grieg Eide (January-March)  
Maren Hjortland (January-March)  
Anri Håvard Hebib (March - )  
Monica Hanestad (March - )  
Anne Lindboe (March – August)

The Board has held six meetings in 2022. All meetings have been available as hybrid meetings – physical in Bergen combined with video link.

In addition, several meetings with Prospera were held from June to November.

### **Main activities of the Board of Directors**

The Board has focused on strategy, compliance, funding, improvement of contractual routines and updating of the WEB page. The war in Ukraine has been a major issue for CAW in 2022 and provided with important relevant experience.

### Strategy

The Board acknowledged that, in order to fulfil a strategy process, external and independent expertise would be beneficial. The board managed to get the Prospera Foundation to offer to run a strategy process with CAWF on a pro bono basis. The process was agreed in June 2022, and went on for three months in the autumn. The aim of the project was to implement a strategy process and develop a strategy document that at a minimum included:

- A value proposition
- A strategy with clear milestones for the period 2023-2027

The report was delivered in November 2022, and has given CAW very valuable analysis and advice for the road ahead. A main task for the Board in 2023 will be to transform the conclusions into action, within the key areas of:

- Organisation
- Funding
- Recognition and visibility
- Research
- Interventions

### Compliance.

The Board has continued the development of necessary internal routines and documents in order to safeguard that our activities are performed in a safe and compliant manner. Especially, the routines for contracting activities and projects have been improved, with routines for proper reporting upon finalizing the projects, whether performed with third parties or not. New routines

for the operating activities with proper due diligence have been established, revised code of conduct, contract templates and traveling safety routines.

### Funding

The contribution from Grieg Foundation, with MNOK 1 divided with NOK 500 000 in 2022 and another NOK 500 000 in 2023, was of great importance to CAW in 2022, enabling us to perform many of trainings and other activities, and being able to quickly meet some of the needs in Ukraine. Without the contribution from Grieg Foundation, that would not have been possible. The activities performed in 2022 are listed below under “The Board of Research and Implementation”, and almost all of the activities have been made possible due to the funding from Grieg Foundation.

Stable and sufficient funding is nevertheless a constant challenge, especially getting sufficient funding for engaging administrative resources, which in turn can build a more sustainable organisation with a solid funding base. In 2023 and 2024 BoD will focus on finding a long-term funding base in addition to the more project specific funding.

### Establishing routines of regular meetings with CAW UK.

As described in the 2021 report, Children and war UK was finally approved and registered as a separate UK Charity in May 2021, and the two charities entered into a cooperation agreement. As part of that agreement, it will be held regular joint meetings, in order to coordinate and discuss common challenges, experiences and possible common projects. The first meeting was held in November and was very useful for both parties. In 2023 the aim is to hold two meeting, one during the spring and one in the autumn.

## **THE BOARD OF RESEARCH AND IMPLEMENTATION**

### **Members and meetings**

At the end of 2022, the foundation's Board of Research and Implementation consisted of the following members:

Ragnhild Dybdahl, Chair  
Unni M. Heltne  
William Yule  
Richard Meiser-Stedman  
Patrick Smith  
Masa Al-kurdi  
Rita Rosner  
Harald Bækkelund  
Alba Banoun (volunteer)

The board held 5 meetings in 2022, all were digital except the October meeting, which was held in London and included a strategy meeting, and a meeting with the UK group.

- 21.01
- 11.03
- 17.06
- 7.10.
- 16. 12

## **Main activities of the Board of Research and Implementation (BRI)**

The BRI aims to contribute to strengthening the knowledge base on how to help children in and after war and disasters, and to translate knowledge into action. BRI therefore must be updated on new relevant knowledge and evidence to make sure that CAW's work takes this into account. BRI takes part in international practitioners and academic networks on mental health and psychosocial support, as well as guidelines and tools, including those from WHO, UNHCR and Inter Agency Standing Committee. BRI works to ensure that new knowledge on trauma and interventions is integrated into CAW's manuals. BRI also tries to support relevant research.

2022 has been a relatively busy year for BRI, as there has been numerous requests for materials such as manuals, as well as projects and trainings. Most BRI activities focus on training helpers in using the Teaching Recovery Techniques (TRT) manual and other evidence based methods developed by CAW. BRI has also been actively involved in developing CAW's policies for example on due diligence and travel. BRI has begun discussions on adapting the TRT manual children with disabilities and digitalization of the manual.

CAW has started efforts to include TRT in pre-service training, especially psychology and mental health training at university level. BRI members have been co-operating with the Ahfad University for Women in Khartoum, Sudan exploring this possibility, as well as at the University of Bergen where TRT has been included in the international semester for psychology students, with students from Norway, Nepal and Viet Nam.

CAW's work in the Middle East has continued, with old and new partners. Early in the year, the war in Ukraine started, which led to increased demand from Ukraine and neighboring countries, as well as from other countries receiving refugees from Ukraine. CAW responded to these demands by making the TRT manual available upon request for all, however recommending training. This led to an increased demand for online training from individuals using the manual.

### **Projects**

BRI has engaged in several interesting projects. Projects exploring and assessing the implementation (e.g. how to TRT put into practice, the effects on children, adaption of TRT to different contexts) were carried out or started in 2022. Notably, these were projects with War Child Holland's Syria office, with Normisjon in Bangladesh, and Earlycare in Ethiopia. An evaluation project was part of the War Child Holland Syria Office project. The results indicate that the children have benefitted from being part of TRT groups, in that their symptoms were reduced after they participated in TRT groups. Discussions have started on co-operation on a research project in Palestine on the CAW grief manual, which we expect will start in 2023.

**The Ethiopian project with EarlyCare is a pilot project where** 25 psychosocial workers, researchers and others in Ethiopia were trained in order to become super trainers who can again train others. This project is investigating the feasibility and effects of TRT, and the possibility of scaling up TRT.

**The Bangladesh project included TRT training of** 24 persons working for different organizations supporting mothers and children in extremely difficult circumstances took part in a TRT training. The training was well received. This was complemented by training in psychological first aid and self care, and by developing a project on the acceptability of TRT in the context in which the various participants worked with particular attention to cultural aspects. The collaboration led to a

further request for training in how to support children in grief, and 10 helpers were trained in the grief manual in May. The TRT manual is now translated into Bangla.

**War Child Collaboration/ToT collaboration consisted of a** Pilot project to evaluate the use of TRT in **North-East Syria**. The ToT TRT online training was delivered to War Child 's Syria office team and local partner. Thereafter WCH Syria team was responsible for the training of facilitators and together with their local partner they were responsible for TRT implementation (including follow-up and supervision of field team). CAW provided top-level follow-up and supervision to teams involved in the project. A total of 30 displaced Syrian children aged 10-13 participated in the TRT evaluation. After completing 5 TRT sessions the scores of all children had decreased, indicating that the TRT had a positive effect on trauma levels and helped children cope. Overall depression levels decreased after the completion of TRT.

### **Training courses**

There were 14 training courses carried out by CAW in 2022, each training usually lasting three days.

**Ukraine response** included training of more than 100 persons in TRT, of whom the majority were in Ukraine and Poland. *CAW was able to offer a number of open online trainings to respond to much of the demand.* Most trainings have been carried out online. Nearly 100 people were trained in TRT, of whom the majority were in Ukraine and Poland. The trainings were online, and some were carried out in English, others with an interpreter. The TRT manual is now translated to Ukrainian. The final training in 2022 was carried out 15-18 December for Ukrainian helpers by professor Bill Yule. Most trainings were online, and many were carried out in English, while some were done with an interpreter. The manual is now translated to Ukrainian. There were also a training done at the hospital of Middle Norway and one in Drammen, Norway for helpers who work with refugees, as well as one training of trainers in Bergen, Norway.

**The Middle east** trainings included **training of group leaders** where three Arabic TRT trainings were delivered online between May and August 2022 to mental health and psychosocial workers located in war zones and refugee locations. A total of 51 trainees were trained on the TRT manual. The trainees will use TRT in their communities with children in and out of camps for displaced Syrians as well as children residence of the local area. The participants in the trainings gave an excellent evaluation of the training, as documented in an evaluation report. There were also training of 23 TRT trainers in Syria and Lebanon so that they can go on to train others.

## **FINANCIAL STATEMENT**

During 2022, the foundation had book revenues of totally NOK 597 619.

The expenses have consisted of covering costs in connection with various training activities, translation of manuals, accounts and compliance, WEB-page, IT services etc. The expenses are amounting to total NOK 736 457.

The operating deficit was NOK 138 838 compared to a profit of NOK 31 336 in 2021, and the annual deficit after interest income was NOK 138 459 vs. a profit of NOK 31 444 in 2021. The foundation's equity was NOK 397 873 per 31.12.2022 vs. NOK 536 332 per 31.12.2021. The Foundation has no loans.

The foundation's activities do not pollute the external environment and the Board can confirm that the presumption for continued operation is present.

---

**APPENDIXES:**

- Annual accounts 2022
- Styrets årsberetning 2022 (Official annual report in Norwegian)



**STIFTELSEN BARN OG KRIG CHILDREN AND WAR**  
**Resultatregnskap 2022**

	Note	2022	2021
<b>DRIFTSINNETEKTER</b>			
Tildeling fund raising events	2	0	26 335
Tildeling fra War Child	2	0	23 298
Tildeling fra selskaper (norske)		75 000	75 000
Tildeling fra Grieg Foundation		500 000	
Donasjoner fra utlandet		2 619	
Inntekt fra avholdt kurs Drammen kommune		20 000	
Tildeling fra private og selskaper UK	2		11 610
<b>Sum inntekter</b>		<b>597 619</b>	<b>136 243</b>
<b>DRIFTSKOSTNADER</b>			
Treninger (hovedtrener, co-trener, evaluering)		378 300	66 029
Samarbeidsprosjekt (Early Care International)		125 000	
Fast Name (årsavgift domenenavn)		3 227	2 802
Lotteri og stiftelsestilsynet (årsavgift)		1 540	1 540
Tripletex (årsavgift)		7 276	2 706
Domeneshop		255	0
Revisjons- og regnskapshonorar	1	29 991	17 554
Honorar økonomisk rådgivning (Aider)		16 725	0
Honorar juridisk bistand		45 581	0
CAW Webside		13 500	11 005
Reisekostnader trening Dhaka Bangladesh RD og UH		45 139	0
Styremøte middag		8 096	0
Reisekostnader møte BRI, London		48 536	0
Uforutsette kostnader (visum, coronatest mm)		8 023	0
Budbil (Kluge)		419	0
Oversettelse av manual			640
Banktransaksjonskostnader/gebyrer/årsavg		4 849	2 631
<b>Sum driftskostnader</b>		<b>736 457</b>	<b>104 907</b>
<b>DRIFTSRESULTAT</b>		<b>-138 838</b>	<b>31 336</b>
<b>FINANSINNETEKTER OG FINANSKOSTNADER</b>			
Renteinntekter		455	108
Valutatap (disagio)		-76	-
<b>ÅRSRESULTAT</b>		<b>-138 459</b>	<b>31 444</b>
Overføringer:			
Overføring annen egenkapital		<b>-138 459</b>	<b>31 444</b>

**STIFTELSEN BARN OG KRIG CHILDREN AND WAR**  
**Balanse**

<b>EIENDELER</b>	Note	<b>2022</b>	<b>2021</b>
Bankinnskudd		917 935	536 332
<b>Sum omløpsmidler</b>		<b>917 935</b>	<b>536 332</b>
<b>SUM EIENDELER</b>		<b>917 935</b>	<b>536 332</b>
<b>EGENKAPITAL</b>			
<b>Innskutt egenkapital</b>			
Grunnkapital		50 000	50 000
Sum innskutt egenkapital		<b>50 000</b>	<b>50 000</b>
<b>Opptjent egenkapital</b>			
Annen egenkapital	3	347 873	486 332
Sum opptjent egenkapital		<b>347 873</b>	<b>486 332</b>
<b>Sum egenkapital</b>		<b>397 873</b>	<b>536 332</b>
<b>GJELD</b>			
Leverandørgjeld		20 062	0
Annen kortsiktig gjeld		500 000	0
<b>Sum gjeld</b>		<b>520 062</b>	<b>0</b>
<b>SUM EGENKAPITAL OG GJELD</b>		<b>917 935</b>	<b>536 332</b>

Bergen, 30. mai 2023

Unni Heltne  
Styremedlem

Inger Hygen  
Styrets leder

Anri Hebib  
Styremedlem

Ragnhild Dybdahl  
Styremedlem

Monica Hannestad  
Styremedlem

Driftsresultatet var -kr 138.838 mot kr 31.336 i 2021, og årsresultatet etter renteinntekter og valutap var -kr 138.459. Stiftelsens samlede egenkapital og gjeld var pr. årsskiftet kr 917.935 mot kr 536.332 pr 31. desember 2021.

Det er ikke tegnet forsikring for styremedlemmer.

Stiftelsens virksomhet forurensar ikke det ytre miljø og styret kan bekrefte at forutsetningen for fortsatt drift er til stede.

Bergen, den 30. mai 2023

Unni Heltne

Inger Hygen

Ragnhild Dybdahl

Anri Hebib

Monica Hannestad

## STIFTELSEN BARN OG KRIG CHILDREN AND WAR NOTER

### Regnskapsprinsipper:

Årsregnskapet er satt opp i samsvar med regnskapsloven og god regnskapsskikk for små foretak.

#### a) Driftsinntekter

Gaver inntektsføres på tildelingstidspunktet. Salg inntektsføres på salgstidspunktet.

Tilskudd inntektsføres i den periode kostnadene de skal dekke påløper

#### b) Omløpsmidler/Kortsiktig gjeld

Omløpsmidler og kortsiktig gjeld omfatter normalt poster som forfaller til betaling innen ett år etter balansedagen. Omløpsmidler vurderes til laveste verdi av anskaffelseskost og antatt virkelig verdi.

**Note 1** Honorar til revisor er kostnadsført med kr. 29 991 inkl. mva.  
Det er ikke gitt lån eller stilt sikkerhet til fordel for medlemmer av stiftelsens styre.

**Note 2** Valutakurs samme måned som tildelingen

**Note 3** Den 3. desember 2019 ble det fattet følgende vedtak i styret i CAW:  
"As the DNB closed its CAW UK account due to internal policy considerations, all funds from that account were transferred to the Norwegian based accounts. It is agreed between the UK group and the chair of the board that GBP 21 000 shall be transferred back once the account at Prism is established to enable the UK group to continue its very important work for the CAW." 17. mai 2021 ble "CHILDREN AND WAR (UK)" registrert som stiftelse i UK (1194478) og beløpet på kr 231 719 ble dermed overført til stiftelsen i UK. Beløpet som stod på bankkontoen er blitt ført mot egenkapitalen i 2021. Regnskapsmessige splittelse mellom stiftelsene ble følgelig formalisert i 2021.

# ÅRSBERETNING 2022

## STIFTELSEN BARN OG KRIG/CHILDREN AND WAR FOUNDATION

Stiftelsen Barn og Krig, Children and War Foundation, har som formål å fremme internasjonal forskning vedrørende de kort- og langsiktige virkninger som krig, krigslignende og katastrofepregede situasjoner har på barn og deres familier. Stiftelsen arbeider for å samle inn forskningsmidler fra ulike finansielle kilder, og deretter bevilge disse videre til konkrete forskningsprosjekter.

Stiftelsen er registrert hos Lotteri- og stiftelsestilsynet, og har sitt hovedkontor i Bergen. Stiftelsens vedtekter ble vedtatt endret av styret i desember 2021. Det ble i den forbindelse besluttet at Forskningsrådet endrer navn til Styret for Forskning og Implementering, «BRI». Stiftelsens Råd fjernes fra vedtektene og Rådets funksjon erstattes av BRI.

Ved utgangen av 2022 besto stiftelsens styre av følgende medlemmer:

Inger Hygen (leder)  
Unni Heltne  
Ragnhild Dybdahl  
Monica Hannestad  
Anri Håvard Hebib

Styret har hatt 6 styremøter i 2022; 31. januar, 16. mars, 23. mai, 22. august, 19. oktober og 12. desember.

Ved utgangen av 2022 hadde Styret for Forskning og Implementering følgende medlemmer:

Ragnhild Dybdahl (leder)  
Unni M. Heltne  
Richard Meiser-Stedman  
William Yule  
Masa Al-kurdi  
Rita Rosner  
Patrick Smith  
Harald Bækkelund

Styret bemerker at stiftelsen i 2022 bl.a. har arrangert flere treninger knyttet til de manualene som stiftelsen har utviklet for å hjelpe barn som er utsatt for krig og krigslignende situasjoner og andre arrangementer. Stiftelsen har i denne forbindelse mottatt gaver og tilskudd fra ulike hold, hovedsakelig fra Grieg Foundation, knyttet til at Stiftelsen i 2021 inngikk en finansieringsavtale med Grieg Foundation med tilskudd til stiftelsens prosjektarbeid for perioden 2022 og 2023, med i alt kr 1 000 000, fordelt med kr 500 000 pr år.

Stiftelsen har i løpet av 2022 i alt hatt bokførte inntekter i forbindelse med slike tildelinger på til sammen kr 597.619.

Utgiftene har i all hovedsak gått til kostnader med treninger i bruk av manualene og prosjekter som bygger opp under stiftelsens hovedformål. I tillegg er det noe kostnader til domenenavn, årsavgifter, webside og reiseutgifter mm. Utgiftene utgjør til sammen kr 736.457.